## **National Adults** This year, are you very likely, somewhat likely, or not likely at all to make a New Year's resolution? **Very-Somewhat** Likely **Not Likely** Row % Row % 2010 56% 44% 2009 48% 52% 2008 40% 60% 57% 2007 43% 2006 44% 56% 2004 35% 65% 2003 34% 66% 2002 39% 61% 2001 44% 56% 60% 2000 40% 1999 37% 63% 1998 62% 38% 1997 37% 63% 63% 1996 37% 1995 44% 56%

Marist Poll National Adults. Totals may not add to 100 due to rounding.